

Ben Mikic Foundation for Young Cyclists and The Outdoor Education Group



Mountain Bike Training Camp



A unique MTB Skills Based Training Experience September 29 & 30, 2008

Three Programs

Level One: those with minimal MTB experience who are keen to learn specialist skills. A good level of general fitness required

Level Two: those with some experience, very fit but have not yet had a lot of off road experience

Level Three: those with technically sound hard skills, off road experience and a high level of fitness

Venue

Biloela Living Environment Centre
Southern Highlands

Cost

\$175 per rider inclusive of
meals and accommodation

Accommodation

OEG Huts
(picture above)

How do I register ?

benmikicfoundation.org.au
Or 02 4878 5184

Sponsorship on application. Please see website for details

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